ACADEMIC ALL-AMERICA® TEAM
SELECTED BY COSIDA

For Release: **Tuesday, August 10 – 12 noon ET**

YORAI SHAOUL AND KATIE BACHER OF MIT HEADLINE THE 2020-21 CoSIDA ACADEMIC ALL-AMERICA® DIVISION III TRACK & FIELD/CROSS COUNTRY TEAMS

AUSTIN, Texas – Senior **Yorai Shaoul** of MIT and graduate student **Katie Bacher**, also of MIT, headline the 2020-21 Academic All-America® Division III Track & Field/Cross Country Teams, as selected by the College Sports Information Directors of America (CoSIDA).

An electrical engineering major from Ra'anana, Israel with a 3.92 grade-point average, Shaoul was named the Academic All-America® Men's Track & Field/Cross Country Team Member of the Year. Bacher, a native of Macungie, Pennsylvania, earned the Academic All-America® Women's Track & Field/Cross Country Team Member of the Year honor for the second-consecutive year. She is a graduate student at MIT, studying computer science with a 4.0 cumulative GPA. In 2020, she graduated from MIT with bachelor's degrees in electrical engineering and computer science with a 4.0 GPA.

Shaoul is an eight-time NCAA Division III National Championship qualifier competing in both the long jump and triple jump. He won both the Division III indoor and outdoor triple jump championships in 2019 and was the runner-up in the long jump at the 2019 NCAA Division III Outdoor Championships. He finished second in the triple jump as a freshman at the 2018 NCAA Division III Indoor and Outdoor Track & Field Championships.

Bacher competed in four NCAA Division III Cross Country Championships in her career and was a four-time NEWMAC All-Conference performer in cross country. She is a four-time United States Track & Field and Cross Country Coaches Association (USTFCCCA) All-Region honoree in cross country.

Among the 92 student-athletes selected to the CoSIDA Academic All-America® Division III Track & Field/Cross Country teams, 10 men and 13 women carry a 4.0 grade-point average. The 17 members of the men's track & field/cross country first team carry an average GPA of 3.86, while the 16 members of the women's first team possess a 3.91 average GPA.

There are 16 men and 14 women who repeat as Academic All-America® selections this year. Bacher is the lone four-time honoree on either team. She was also a first team honoree in 2020 and 2019 with a second team recognition in 2018.

Shaoul leads a group of six honorees on the men's track & field/cross country team that are earning their third career selection. His first team selection this year goes with first team honors in 2020 and 2019. **Toler Freyaldenhoven** of Rhodes College repeats as a first team pick this year after first team accolades in 2020 and second team recognition in 2019. Three-time honorees **Trent Koehler** of Nebraska Wesleyan and **Matthew Kraus** of DeSales are members of the first team for the second-consecutive year with third team recognitions in 2019. **John Harry Wagner** of Washington University in St. Louis is a member of the second team this year, following first team recognition in 2020 and a third team nod in 2019. **Matt Karee** of Carnegie Mellon is a second team selection this year after earning second team honors in 2020 and a selection to the third team in 2019.

The women's CoSIDA Academic All-America® Division III Track & Field/Cross Country team features three honorees that are earning the selection for the third time. **Eka Jose** of Washington University in St. Louis is on the first team for the third-straight year. Wheaton College (Ill.) senior **Favor Ezewuzie** is a first team selection in 2021. She was a first team honoree in 2020 and earned a third team recognition in 2019. **Alexis Segura** of LeTourneau is a third team honoree this year following second team honors in 2020 and a third team recognition in 2019.

Among the two-time honorees on this year's men's squad, **Jonathan Ellis** of Calvin is a repeat first team pick. **Noah Zastrow** of UW-Stout, **Ryan Steger** of St. Scholastica and **Matthew Wilkinson** of Carleton are on the first team this year after earning second team honors in 2020. **Daniel Do** of Stockton University, and **Oliver Thomas** of WPI each earn first team honors, following third team designations in 2020. **Quinn Halversen** of UW-Whitewater joins **Nicholas DiMaria** of Stevens Institute of Technology as second team picks for the second-consecutive year. **Matyas Csiki-Fejer** of Suffolk University, a third team honoree in 2020, is on the second team in 2021. Chicago's **Ryan Cutter** is on the third team for the second-straight year.

Katie Collins of MIT, **Gina Dello Russo** of Stevens Institute of Technology, Allegheny's **Mica Hanish**, **Sydney Packard** of WPI and Messiah University's **Esther Seeland** are each repeat honorees on the first team of the women's track & field/cross country team this season after also earning first team recognition in 2020. **Parley Hannan** of Ithaca College is on the first team this year after earning second team honors in 2020. **Aspen Rolfes** of Nebraska Wesleyan, a first team honoree this year, was a third team pick in 2020. **Carina Collet** of Wartburg, **Izzi Gengaro** from MIT and Christopher Newport's **Zoe Stauffer** are each repeat honorees, picking up second team recognition for the second-consecutive year.

The Division III Academic All-America® program is financially supported by the NCAA Division III national governance structure to assist CoSIDA with handling the awards fulfillment aspects for the 2020-21 Division III Academic All-America® teams. For more information on the Academic All-America® program, go to https://academicallamerica.com.

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2020-21 Academic All-America®
Men's Track & Field/Cross Country Team
Division III

FIRST TEAM

Name	School	Yr.	GPA	Major
Brody Beiler	Messiah University	Gr.	3.99/3.94	Higher Education
Garrett Clark	John Carroll University	Jr.	3.85	Accounting
Daniel Do (3)	Stockton University	Sr.	4.00	Biochemistry/Molecular Biology
Jonathan Ellis (1)	Calvin University	Sr.	3.98	Computer Science
Toler Freyaldenhoven (1, %)	Rhodes College	Sr.	3.93	Biochemistry & Molecular Biology
Steven Hermsen	Carroll University	Jr.	4.00	Exercise Science - Pre-Physical Therapy
Mike Jasa	Loras College	Jr.	3.49	Finance
Justin Kiefel	Carnegie Mellon University	Jr.	3.97	Electrical & Computer Engineering
Trent Koehler (1, &)	Nebraska Wesleyan University	Gr.	3.63/3.64	Biology
Matthew Kraus (1, &)	DeSales University	Sr.	4.00	Biology
Gabe Pommier	North Central College	Sr.	3.54	Environmental Studies
Shawn Schindler	Saint John's University (Minn.)	Jr.	3.98	Nursing
Yorai Shaoul (1, #)	MIT	Sr.	3.92	Electrical Engineering & Computer Science
Ryan Steger (2)	The College of St. Scholastica	Sr.	4.00	Biology & Biochemistry
Oliver Thomas (3)	WPI	Sr.	3.88	Mechanical Engineering
Matthew Wilkinson (2)	Carleton College	Sr.	3.51	Biology
Noah Zastrow (2)	UW-Stout	Sr.	3.96	Mechanical Engineering

SECOND TEAM

Name	School	Yr.	GPA	Major
Matt Adiletta	WPI	Sr.	4.00	Electrical Engineering & Computer Science
Jacob Bugella	UW-Stout	Sr.	3.77	Dietetics
Matyas Csiki-Fejer (3)	Suffolk University	Jr.	4.00	Law & Public Policy
Nicholas DiMaria (2)	Stevens Institute of Technology	Gr.	3.99/4.00	Computer Engineering
Quinn Halversen (2)	UW-Whitewater	Sr.	3.99	Supply Chain/Operations Management
Nick Hoffman	Hope College	Jr.	3.81	Public Accounting
Jonah Jones	Wheaton College (Ill.)	Sr.	3.47	Chemistry & Mathematics
Matt Karee (2,&)	Carnegie Mellon University	Sr.	3.97	Mechanical Engineering
Ben Kuxmann	Millikin University	Jr.	3.96	English (Secondary Teaching)
Bram Miller	Carnegie Mellon University	Sr.	3.78	Mechanical Engineering
Justin Park	RPI	Sr.	3.98	Applied Physics & Geology
Bryce Reynolds	Calvin University	Sr.	3.67	Biochemistry/Neuroscience
John Harry Wagner (1, &)	Washington University in St. Louis	Sr.	3.85	Electrical Engineering
Dallas Wright	Wartburg College	Sr.	3.42	Accounting & Business Administration

THIRD TEAM

Name	School	Yr.	GPA	Major
Isaac Alderfer	Eastern Mennonite University	Jr.	3.97	Environmental Science
David Bates	Union College	Sr.	3.81	Biomedical Engineering & French
Jack Beakas	Trine University	Gr.	3.97/4.00	Civil Engineering
David Bradley	Wheaton College (Ill.)	Sr.	3.93	Classical Language
Alex Cobin	Washington University in St. Louis	Jr.	3.83	Finance and Economics & Strategy
Ryan Cutter (3)	University of Chicago	Sr.	3.50	Environmental Science
Cody Gustafson	Grove City College	Sr.	3.93	Mathematics
Andrew Lauber	Wheaton College (Ill.)	Sr.	3.92	Biblical & Theological Studies
Parker Laughlin	Washington & Jefferson College	Sr.	3.92	Biochemistry
Conrad Pereira	UC Santa Cruz	Sr.	3.73	Technology Information Management
Sanjay Raman	MIT	So.	4.00	Physics & Mathematics
Michael Rennette	Otterbein University	Jr.	3.79	Finance/Spanish
Matthew Sloan	Carnegie Mellon University	Sr.	4.00	Electrical and Computer Engineering
Kenneth Wei	MIT	So.	3.92	Biological Engineering
Andrew Whitaker	Washington University in St. Louis	Sr.	3.65	Biomedical Engineering

Academic All-America® Team Member of the Year: Yorai Shaoul, MIT

(1) – CoSIDA Academic All-America® first team selection in 2020
(2) – CoSIDA Academic All-America® second team selection in 2020
(3) – CoSIDA Academic All-America® third team selection in 2020
(#) – CoSIDA Academic All-America® first team selection in 2019
(%) – CoSIDA Academic All-America® second team selection in 2019
(&) – CoSIDA Academic All-America® third team selection in 2019

2020-21 Academic All-America®
Women's Track & Field/Cross Country Team
Division III

FIRST TEAM

Name	School	Yr.	GPA	Major
Katie Bacher (1, # ,@)	MIT	Gr.	4.00/4.00	Computer Science
Katie Collins (1)	MIT	Sr.	4.00	Brain & Cognitive Sciences
Gina Dello Russo (1)	Stevens Institute of Technology	Gr.	3.94/4.00	Mechanical Engineering/Sociotechnical Systems
Helen Dolan	Hamline University	Sr.	3.96	Studio Arts
Favor Ezewuzie (1, &)	Wheaton College (Illinois)	Sr.	3.71	Elementary Education
Mica Hanish (1)	Allegheny College	Sr.	4.00	Mathematics
Parley Hannan (2)	Ithaca College	Sr.	3.59	Integrative Studies
Eka Jose(1, #)	Washington University in St. Louis	Sr.	3.94	Biology: Anthropology/Global Health & Environment
Madison Mulder	SUNY Geneseo	Jr.	3.84	Business Administration & Psychology
Sydney Packard (1)	WPI	Gr.	3.95/4.00	Chemical Engineering
Emily Pomainville	SUNY Geneseo	Sr.	3.80	English Literature/Gender & Women Studies
Aspen Rolfes (3)	Nebraska Wesleyan University	Sr.	3.90	Exercise Science
Melissa Rowland	Tufts University	Sr.	3.98	Electrical Engineering
Esther Seeland (1)	Messiah University	Jr.	3.99	Biomedical Engineering
Sophia Slovenski	University of Southern Maine	Jr.	3.94	Exercise Science
Sydney Thompson	UW-Oshkosh	Sr.	3.95	Finance

SECOND TEAM

Name	School	Yr.	GPA	Major
Elayna Bahl	Loras College	Jr.	3.91	Finance & Accounting
Ella Baran	Johns Hopkins University	Jr.	3.55	Environmental Engineering
Alison Beeman	University of Dubuque	Sr.	3.69	Digital Art & Design
Ayana Blair	Illinois Wesleyan University	Sr.	3.82	Biochemistry
Michaela Burrell	University of Rochester	Sr.	3.44	Ecology & Evolutionary Biology
Carina Collet (2)	Wartburg College	Sr.	3.96	English
Marion Edwards	Loras College	Jr.	3.96	Media Studies
Aubrie Fisher	Wartburg College	So.	3.98	Psychology & Sociology
Izzi Gengaro (2)	MIT	Jr.	4.00	Chemical-Biological Engineering
Meghan Matheny	Ithaca College	Jr.	3.89	Business Administration
Annie Needs	Calvin University	Sr.	3.95	Chemical Engineering
Therese Olshanski	Johns Hopkins University	Sr.	3.60	Public Health
Zoe Stauffer (2)	Christopher Newport University	Sr.	4.00	Cellular, Molecular, & Physiological Biology
Rachel TerHaar	University of Chicago	Jr.	3.90	Neuroscience
Katie Williams	MIT	Sr.	3.84	Biological Engineering

THIRD TEAM

Name	School	Yr.	GPA	Major
Eileen Bequette	University of Rochester	Sr.	3.64	Mechanical Engineering
Julia Dannenbaum	Washington University in St. Louis	Sr.	3.67	Anthropology: Global Health & The Environment
Holly Dasher	University of Mary Hardin-Baylor	So.	4.00	Education
Maria Gonzalez Guerra	Texas Lutheran University	Gr.	4.00/4.00	Business Administration/Accounting
Annie Gutierrez	Johns Hopkins University	Sr.	3.66	Chemical & Biomolecular Engineering
Jordan Hurlbut	University of Rochester	Gr.	3.52	Microbiology
Olivia Hurtt	John Carroll University	Jr.	3.99	Biology
Stevie Lambe	Loras College	Jr.	3.78	Elementary Education
Birgen Nelson	Gustavus Adolphus College	So.	3.97	Classics/Political Science
Lauren Preston	Stockton University	Jr.	4.00	Health Science
Valerie Reiling	Carnegie Mellon University	Sr.	4.00	Mechanical Engineering
Alexis Segura (2, &)	LeTourneau University	Gr.	4.00/4.00	Business Administration
Brooke Stanley	RIT	Gr.	3.98/4.00	Mechanical Engineering
Arden Tanner	WPI	Sr.	3.97	Biomedical Engineering & Mechanical Engineering
Kelsey Wyman	Illinois Wesleyan University	Sr.	3.86	Neuroscience

Academic All-America® Team Member of the Year: Katie Bacher, MIT

(1) – CoSIDA Academic All-America® first team selection in 2020
(2) – CoSIDA Academic All-America® second team selection in 2020
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(#) – CoSIDA Academic All-America® first team selection in 2019
(%) – CoSIDA Academic All-America® second team selection in 2019
(&) – CoSIDA Academic All-America® third team selection in 2019
(@) – CoSIDA Academic All-America® second team selection in 2018