

2019 All-Ohio Division III Indoor Track & Field Championships

Otterbein University

Clements Recreation and Fitness Center (Running & Jumping Events)

The Rike Center (Throwing)

Saturday February 9, 2019

**MEET PROCEDURES**

**Entries:**

- Entries are limited to the TOP 16 athletes (& ties) in each running event, the TOP 16 (& ties) in each field event.
- TOP 12 teams (& ties) in each relay event.
- Only performances from the 2018/19 indoor season will be accepted. All performances must be listed on TFFRS site.

o Following NCAA Division III Guidelines, for both All-Ohio Division III meets - "Only fully automatic times may be used to qualify for events 400 meters or less. For events above 400 meters, hand-held times may qualify if, after rounding the time up to the next higher tenth of a second and adding 0.30 seconds, it meets the FAT qualifying standard."

- An All-Ohio DIII performance list will be on DirectAthletics starting in December.

**Entry Procedures:**

- We will be using Direct Athletics ([www.directathletics.com](http://www.directathletics.com)) for entering the meet.
- Entries will open starting Monday, February 4 @ 12:01 AM and close @ NOON on Tuesday, February 5.

**No entries will be accepted after 7pm Tuesday 2/5.**

- We will send out a list of the top-24 individuals and the top-16 relays, by 3pm Tuesday. The list will also be posted on Otterbein's Athletic web page at <http://www.otterbeincardinals.com/>
- Scratches may occur until noon Wednesday 2/6, without penalty. Any athlete scratching from any event after that time will be removed from the meet. Please email scratches to: [cpenny@wittenberg.edu](mailto:cpenny@wittenberg.edu)
- Final entry lists will be sent out and posted by 3pm Wednesday. If you have any scratches after the final entries have been posted, please email: [cpenny@wittenberg.edu](mailto:cpenny@wittenberg.edu) so that we may allow the next eligible athlete in the meet.
- Heat sheets will be posted by Noon on Friday. No additions (due to scratched athletes) will be allowed after heat sheets are posted.

**Entry Fees:**

- Entry fee are \$25 per athlete, \$35 per relay team or \$150 per team per gender.
- Please make the check out to "Otterbein University."
- These fees pay for officials, timing, workers, Direct Athletics/TFRRS and awards.

**Fines:**

- Violations of NCAA DIII Guidelines of misconduct will result in a fine for the head coach.

- o Misconduct is any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law occurring at the locale of the competition or warm-up area that discredits the event or intercollegiate athletics. Misconduct includes the intentional reporting of false marks for entry purposes. Acts of misconduct are subject to reprimand or ejection by the referee or meet management. (NCAA TF/CC Rules, P. 63)

- o In regards to this rule, for the All-Ohio Division III Indoor and Outdoor Championships, if a false mark is entered by a coach, besides the usual Letter of Reprimand and/or fine going to the coach and his/her administration, the athlete and/or relay that has the false mark(s) entered for them (it) in these meets will not be allowed to compete in the event(s) for which the mark(s) is(are) entered.

- First Offense: a letter of reprimand to school administration.

- Second Offense: the head coach will be fined \$50 for a second offense and all subsequent offenses. Letters for each offense will be sent to the coach as well as school administration at the offending institution.

- The school will not be allowed to compete in any All-Ohio DIII T&F Championship until all fines are paid.

#### **GENERAL MEET INFO:**

**Adult Admission - \$5. Students and children under 18 - FREE.**

**Warm-up and Team Camp Area:** Are in the auxiliary track area in the Rike Center. No team camps in the Clements Center.

**Scoring:** Eight places: 10-8-6-5-4-3-2-1

**Awards:** All-Ohio plaques will be awarded to the top three teams. All-Ohio awards will be given to the top three individuals in each event and all members of the top 3 relay teams in each relay event.

**Protests:** Protests will follow NCAA procedures, filed first through the meet referee. Appeals of the Referee's decision will be filed through Jury of Appeals/ Games Committee.

**Coaches Meeting:** We will have a coaches meeting at 11:15 A.M. on the track by the finish line. Any discussion about the meet will occur at this meeting.

**Packets, etc:** You may pick up packets and pay your fees at the registration table near the finish line.

**Lockers:** There will be lockers and shower facilities available.

**Hip Numbers:** Will be worn on both hips. 3K/5K athletes will also wear one on the left side of their chest.

**Spikes:** Maximum of ¼" exposed will be permitted on the track and or jumping events.

**5K Race:** Coaches are expected to help count laps for their runners. Sheets will be provided. Finishers in these races will run the last 55 meters in a middle lane. Sheets must be turned in at the end of each race.

**Concessions:** Will be available.

**Timing:** Jon Agriesti timingfirst.com; two timing systems for each race. Jon will also provide his Chronomix digital clock at the finish line and results will be projected on the wall.

**Results:** Results will be posted on the wall by the entrance to the auxiliary track as they become available. Final results will be available shortly after the conclusion of the meet. Results will also be available on Otterbein's web site, Direct Athletics, TFRRS and at <http://www.timingfirst.com/>. Finish Lynx will be used for timing and Hy-Tek for results.

**Trainer:** Trainers will be available. Please bring your own medical supplies. Notes from your team trainer or physician are needed for all special treatments. Athletic Training questions should be directed to Charles Goodwin CGoodwin@otterbein.edu or 614-823-1634.

**Facility:** The Clements Center track was completed in the fall of 2002 and resurfaced in the fall of 2011. It has a Mondotrack SX surface for the track and a smooth Mondo Sportflex infield surface. The track has eight (8) 42 inch lanes on the straight, and six (6) 36 inch lanes on the oval. The Long /Triple Jump runways are Mondotrack SX and the pole vault is an Instant Runway. Shot and Weight will be thrown from a recessed wooden circle in the Rike Center.

**Questions:** Please call the games' committee with any questions: Craig Penney (All-Ohio DIII Committee Chair) at 937-327-6493; Ron Combs at 937-382-6661 ; Eric Schmul (Case); Thomas Bambach (meet director) at 616-644-4594 or Thomas.bambach@otterbein.edu

### **Conducting the Running Events**

The following events will be run as finals: 200M, 400m; 800m; mile run; 5000m; and all relays. There will be semi-finals in all other running events unless any event scratches down to a final.

#### **Format for setting up the 60m, 60H:**

- a) Heats will be formed by splitting competitors by times
- b) Competitors will be randomly assigned to lanes within their heat
- c) Heat winners and the next fastest times to a total of eight (8) qualify for the final d) Preferred lanes for finals (4,5,3,6,2,7,1,8)

#### **Format for setting up the 200m:**

- a) Heats will be formed by time, slowest (running first) to fastest, with 4 running per heat
- b) Lanes will be assigned by time
- c) If we have more than 16 competitors, we will add another heat and go 4-4-3-3-3 (17), 4-4-4-3-3 (18), etc.
- d) Preferred lanes (4,5,6,3)

#### **Format for setting up the 400m:**

- a) Heats will be formed by time, slowest (running first) to fastest, with 4 running per heat

b) Lanes will be assigned by time

c) If we have more than 16 competitors, we will add to the slower heats first d) Preferred lanes (4,5,6,3,2)

**Format for setting up the 800m:**

a) Two (2) sections will be run (slowest first) based on times with runners in alleys (2-3-3). We will add to the slower heat first if we have more than 16 runners. We will run a two turn stagger in alleys.

**Format for setting up the mile run:**

a) Waterfall start for both heats, random positioning.

**Format for setting up the 5000:**

a) One section will be run using a double waterfall (2/3-1/3 split)

**Format for setting up the 800m and 1600m relays:**

a) 12 teams: 3 sections: 4 teams in each heat (4,5,6,3)

b) 11 teams: 3 sections: 3 in slow/4 in the next two (4,5,6,3)

c) 10 teams: 2 sections (4,5,6,3,2)

d) Less than 10 teams: (9)-5S and 4F, (8)- 4S and 4F, (7)-3S and 4F, (6)-1 heat of 6, etc.

e) If we have more than 12 teams, we will first add a 5th team to the slow heat, then 5th team to the middle heat

### **Conducting the Field Events**

**Format for setting up the long jump, triple jump, shot put, and weight throw:**

Competitors will be randomly assigned within one of two flights. Each competitor will receive three (3) preliminary attempts. The top nine (9) performances in each event will qualify for the finals where the order will be in reverse of the performances in the preliminaries. Ties will be broken in accordance with NCAA rules. There will be a ten-minute warm-up period between flights and between preliminaries and finals.

**Format for setting up the high jump:**

The order of competition will be random. The starting height will be 2" (approx .05 metric) below the actual 16th place participant in the meet. If there are fewer than 16 participants, the mark will be based on the final actual meet participant. Both the starting height and the incremental changes will be set with the NCAA qualifying standard in mind. When there is a large field the four/five alive procedure will be used.

**Format for setting up the pole vault:**

The order of competition will be random. The height will be 6" (approx .15 metric) below the actual 16th place participant in the meet. If there are fewer than 16 participants, the mark will be based on the final actual meet participant. Both the starting height and incremental changes will be set with the NCAA qualifying standard in mind. When there is a large field the four/five alive procedure will be used.

<b>All-Ohio</b>	<b>Championships: 18-Feb-9</b>	<b>Final</b>	<b>Time</b>	<b>PM</b>
Long Jump	M & W	final	12:00	PM
Shot Put	W	final	12:00	PM
Weight Throw	M	final	12:00	PM
High Jump	W	final	12:00	PM
Pole Vault	M	final	12:00	PM
High Jump	M	final	1:45	PM
Shot Put	M	final	2:00	PM
Weight Throw	W	final	2:00	PM
Triple Jump	M & W	final	2:00	PM
Pole Vault	W	final	3:00	PM

<b>Running Events</b>	<b>Gender</b>	<b>Final</b>	<b>Time*</b>
Distance Medley Relay	W	final	12:00 PM
Distance Medley Relay	M	final	12:20 PM
5000 meter run	W	final	12:40 PM
5000 meter run	M	final	1:10 PM
60 meter hurdles	W	prelim	2:15 PM
60 meter hurdles	M	prelim	2:25 PM
60 meter dash	W	prelim	2:35 PM
60 meter dash	M	prelim	2:45 PM
4 x 200m relay	W	final	3:00 PM
4 x 200m relay	M	final	3:15 PM
Mile	W	final	3:30 PM

Mile	M	final	3:45 PM
60 meter hurdles	M	final	4:00 PM
60 meter hurdles	W	final	4:05 PM
400 meter dash	W	final	4:10 PM
400 meter dash	M	final	4:20 PM
60 meter dash	W	final	4:30 PM
60 meter dash	M	final	4:35 PM
800 meter dash	W	final	4:45 PM
800 meter dash	M	final	4:55 PM
200 meter dash	W	final	5:05 PM
200 meter dash	M	final	5:15 PM
3000 meter run	W	final	5:30 PM
3000 meter run	M	final	5:45 PM
4 x 400m relay	W	final	6:00 PM
4 x 400m relay	M	final	6:15 PM