

OAC Championships – 3/5 and 3/6

11:00AM – Pole Vault

11:00AM – Weight Throw

11:00AM – Long Jump

1:00PM – High Jump

1:00PM – Shotput

1:30PM – Triple Jump

3:00PM – DMR

3:15PM – 5k

3:40PM – 60H Prelim

3:50PM – 60 Prelim

4:00PM – 4x2

4:10PM – Mile

4:25PM – 60H Final

4:30PM – 400

4:45PM – 500

5:00PM – 60 Final

5:05PM – 800

5:15PM – 1000

5:25PM – 200

5:45PM – 3k

6:00PM – 4x4