

**2019**

**Ohio Athletic  
Conference**



**Men's and Women's  
Outdoor**

**Track & Field  
Championships  
Manual**

**Hosted By:  
Otterbein University  
Westerville, Ohio**

# Championship Personnel

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# **2019 OAC Track & Field Championship**

## **Meet Information**

**Meet Date:** Friday & Saturday, April 26-27 - 2019

**Scoring:** Championship Scoring 8 places (10 - 8 - 6 - 5 - 4 - 3 - 2 - 1)

**Timing:** Timing First

**Coaches Meeting:** Thursday, April 25<sup>th</sup> at 5:30 PM under Memorial Stadium in the O-Club Room.

### **THIS IS A MANDATORY COACHES MEETING FOR ALL HEAD COACHES**

**Facilities:** The track is an 8 lane 400m Mondo SX. Throws fields are located at 298 N West St. Discus and Hammer Throw will use the same cage. Javelin is thrown off a grass runway. High jump is on the infield on the south side of the stadium. LJ/TJ runway is on south side of the stadium and is lined. There are two jumps pits, one with a 9' long jump and 38' triple jump board and one with a 3' long jump and 28' triple jump board. We will tape on additional boards for the triple jump. Pole Vault will take place at the north end of the stadium opposite the steeple pit.

**Parking:** Bus drop-off will be at Memorial Stadium on Center St. Busses will be asked to park at 60 Collegeview road, .5 miles away. Vans and cars can park in the stadium lots directly to the south, beside the Campus Center.

**Training Staff:** The Athletic Training staff will be on site Friday and Saturday. Please bring own supplies and a letter from your school's AT for treatment. All treatments will take place in the AT room in Memorial Stadium – Direct access from the finishing straight.

**Meet Results:** Following each event, results will be posted on the mezzanine level of the stadium. Live Results will be available online at: <http://timingfirst.com/>

Live Results will also be displayed on a mobile results board at the finish line.

### **Entry Procedures:**

Enter your athletes on DirectAthletics.com by 7:00PM on Wednesday, April 24th, 2019. All entries need to be submitted at this time including wild card entries. Email all wild card entries and any athletes that "Rule of 12" applies to, to [Thomas.bambach@otterbein.edu](mailto:Thomas.bambach@otterbein.edu) and to [jgleason@muskingum.edu](mailto:jgleason@muskingum.edu)

1. Each school will be allowed to enter a maximum of four (4) athletes per event who have achieved the Minimum Performance Standard established by the coach's committee. Rule of 12 still applies. Any athlete that is your 5<sup>th</sup> + in an event due to the rule of 12 must be entered by email.
2. Each school is allowed to enter a maximum of one (1) relay per relay event.

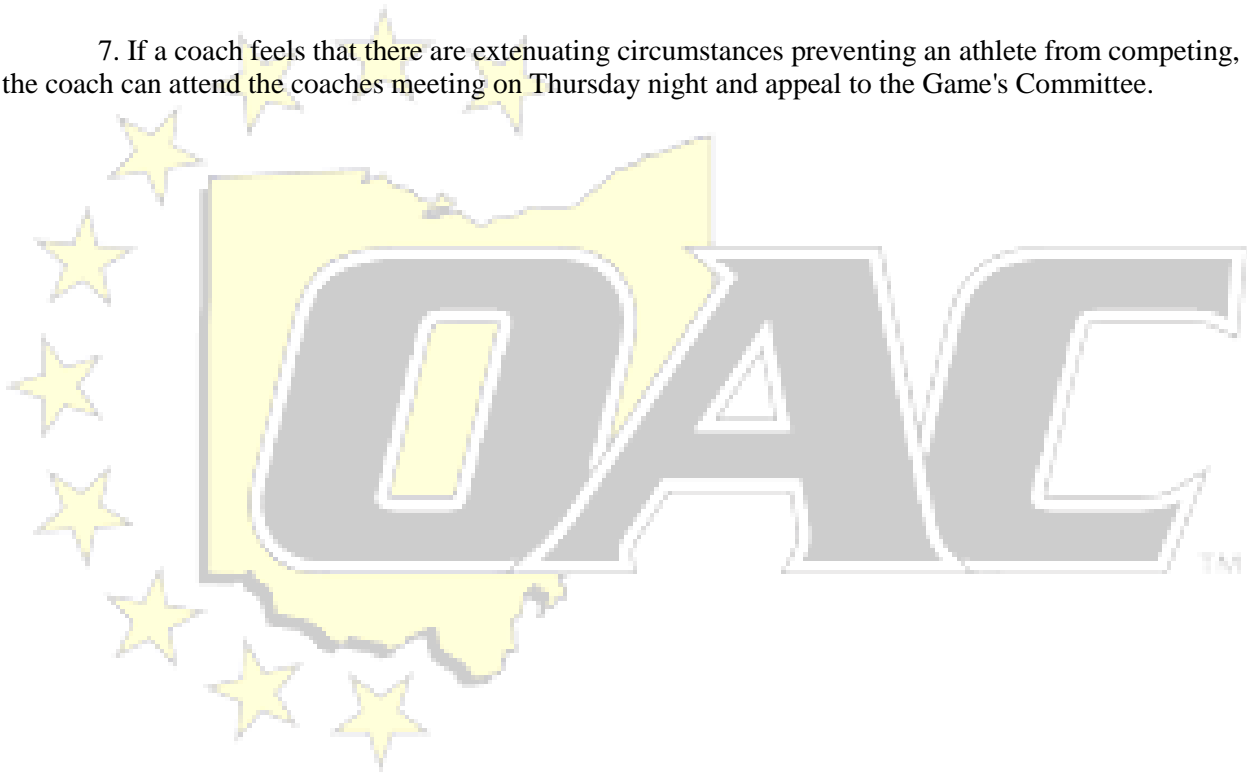
3. Each school will have the option of utilizing two (2) wild card entries per gender. Each wild card entry can be used for one (1) person in one (1) event. However, a coach may use both wild cards on one athlete or they can use both wild cards on a single event. Email all wild card entries [Thomas.bambach@otterbein.edu](mailto:Thomas.bambach@otterbein.edu) and [jgleason@muskingum.edu](mailto:jgleason@muskingum.edu)

4. For all entries, if the athlete/relay has a mark on the OAC performance list, the listed mark must be used for entry. Otherwise the entry mark will be changed to "no mark."

5. Entries must be submitted through DirectAthletics.com. After submitting your entries, print out a copy of your entries to check for accuracy.

6. A Performance List will be emailed out by 9:00 PM on the Wednesday, February 20<sup>th</sup>, 2019 to confirm all entries. Mistakes are to be reported to [Thomas.bambach@otterbein.edu](mailto:Thomas.bambach@otterbein.edu) immediately. **No corrections will be allowed after 10:00 AM on Thursday, February 21, 2019.**

7. If a coach feels that there are extenuating circumstances preventing an athlete from competing, the coach can attend the coaches meeting on Thursday night and appeal to the Game's Committee.



# 2019 OAC Track & Field Championships Time Schedule

## Friday, April 26th, 2019

### **Field Events:**

12:00 Pole Vault Men Finals  
12:00 Long Jump Men Finals  
12:00 Discus Throw Women Finals  
12:00 Javelin Throw Women Finals  
2:10 PM Long Jump Women Finals  
2:10 PM Discus Throw Men Finals  
2:10 PM Javelin Throw Men Finals  
3:00 PM Pole Vault Women Finals

### **Running Events:**

4:10 PM 110 Hurdles Men Prelims  
4:20 PM 100 Hurdles Women Prelims  
4:30 PM 400m Dash Men Prelims  
4:45 PM 400m Dash Women Prelims  
4:50 PM 100m Men Prelims  
5:00 PM 100m Women Prelims  
5:10 PM 3,000m Steeplechase Men Finals  
5:30 PM 3,000m Steeplechase Women Finals  
5:45 PM 400m Hurdles Men Prelims  
5:55 PM 400m Hurdles Women Prelims  
6:10 PM 200m Dash Men Prelims  
6:20 PM 200m Dash Women Prelims  
6:30 PM 10,000m Men Final  
7:15 PM 10,000m Women Final  
7:55 PM 4x800m Relay Men Final  
8:10 PM 4 x800m Relay Women Final

## Saturday, April 27th, 2019

### **Field Events:**

9:30 AM Shot Put Women Finals  
9:30 AM Hammer Throw Men Final  
9:30 AM High Jump Men Final – Women  
Immediately to follow  
9:30 AM Triple Jump Women Finals – Men  
immediately to follow.  
1:00 PM Shot Put Men Finals  
1:00 PM Hammer Throw Women Final

### **Running Events:**

3:00 PM 4 x 100m Relay Men Finals  
3:05 PM 4 x 100m Relay Women Finals  
3:15 PM 1500m Men Final  
3:25 PM 1500m Women Final  
3:35 PM 110m Hurdles Men Finals  
3:45 PM 100m Hurdles Women Finals  
4:00 PM 400m Men Finals  
4:05 PM 400m Women Finals  
4:15 PM 100m Men Finals  
4:20 PM 100m Women Finals  
4:25 PM 800m Men Finals  
4:35 PM 800m Women Finals  
4:50 PM 400m Hurdle Men Finals  
4:55 PM 200m Women Finals  
5:00 PM 200m Women Finals  
5:05 PM 5,000m Men Finals  
5:25 PM 5,000m Women Finals  
5:50 PM 4x400m Relay Men Finals  
6:05 PM 4x400m Relay Women Final

## Advancement Procedure

- All races 800m and up shall be conducted as finals. If multiple sections are to be run, they shall be seeded and run from slow to fast.
  
- Qualifying in all races 500m and down:  
For the indoor races (60 Meters 60 Meter Hurdles, 200 Meters, 400 Meters, 500 Meters):
  - a. No preliminary race used as qualifying for a final shall have fewer than two competitors.
  
  - b. When the number of advancers to a final round is less than or equal to the number of lanes, at least the heat winner shall advance to the next round. All other qualifiers in the round shall advance on the basis of time (60-60 hurdles).
  
  - c. When an indoor facility has fewer than eight usable lanes and eight competitors/teams advance to the final, the competitors/teams shall qualify only on the basis of time from preliminary rounds (200-400-500). Advancement based on time only is not permitted for any other circumstance.
  
  - d. In all races started in lanes, if there is the same number of or fewer entries than there are lanes on the track, the event shall be run as a final.
  
  - e. In cases in which a competitor has qualified for the next round withdraws or is unable to compete, another competitor shall not be moved into the next round.
  
- In field events (Shot Put, Weight Throw, Long Jump, Triple Jump) preliminary rounds will be contested. Here each athlete will have 3 attempts. After the preliminary rounds the athletes with the top 9 marks will advance to the finals. The finals shall be conducted in order. The athlete with the top mark from the preliminary round will be last in the finals order.

# Women's Records

## Women's 100m Dash

- **Championship:** Melanie Winters      Baldwin Wallace      12.06      2016

## Women's 110m Hurdles

- **Championship:** Melanie Winters      Baldwin Wallace      14.25      2014

## Women's 200m Dash

- **Championship:** Mary Mahoney      Mt.Union      24.53      2012

## Women's 400m Dash

- **Championship:** Mary Mahoney      Mt. Union      55.27      2013

## Women's 800m Run

- **Championship:** Emily Richards      Ohio Northern      2:12.80      2017

## Women's 1500m Run

- **Championship:** Emily Richards      Ohio Northern      4:32.94      2017

## Women's 5000m Run

- **Championship:** Alison Steinbrunner      Ohio Northern      17:32.70      2013

## Women's 10,000m Run

- **Championship:** Alison Steinbrunner      Ohio Northern      36:42.84      2013

## Women's 400m Hurdles

- **Championship:** Jackie Dight      Ohio Northern      1:01.34      2003

## Women's 3,000m Steeplechase

- **Championship:** Sophie Goobic      Heidelberg      10:32.76      2014

## Women's 4x100m Relay

- **Championship:**      Mount Union      46.93      2017  
o Donley, Johnson, Goedecke, Adams

## Women's 4x400m Relay

- **Championship:**      Ohio Northern      3:52.96      2017  
o Ellinger, Mosler, Ewing, Richards

## Women's 4x800m Relay

- **Championship:**      John Carroll      9:16.53      2014  
o Turner, Rohwer, Kreuz, Bohrer

## Women's High Jump

- **Championship:** Emily Herring      Wilmington      5-7.75      2003

**Women's Pole Vault**

- **Championship:** Madison Reed      Ohio Northern      13-0.25      2017

**Women's Long Jump**

- **Championship:** Melanie Winters      Baldwin Wallace      19-11      2016

**Women's Triple Jump**

- **Championship:** Dorren Nagawa      Wilmington      39-11.25      2005

**Women's Shot Put**

- **Championship:** Cindy Trzeinski      Baldwin Wallace      48-0.25      1999

**Women's Hammer Throw**

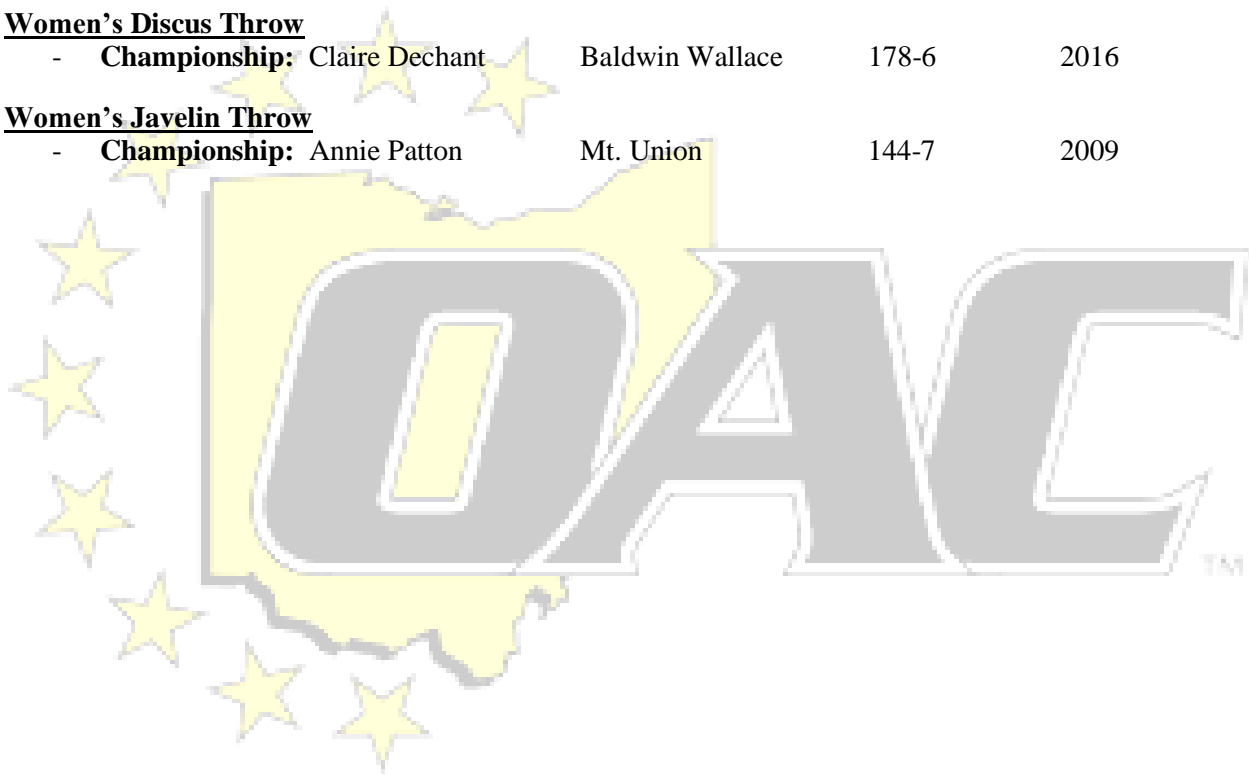
- **Championship:** Maggie Urban      Baldwin Wallace      160-7      2001

**Women's Discus Throw**

- **Championship:** Claire Dechant      Baldwin Wallace      178-6      2016

**Women's Javelin Throw**

- **Championship:** Annie Patton      Mt. Union      144-7      2009





# Men's Records

## Men's 100m Dash

- **Championship:** John Biacofsky Mt.Union 10.35 2006

## Men's 110m Hurdles

- **Championship:** Ryan Lopez-Jordan Marietta 14.13 2014

## Men's 200m Dash

- **Championship:** John Biacofsky Mt.Union 21.18 2006

## Men's 400m Dash

- **Championship:** George Sample John Carroll 47.57 2001

## Men's 800m Run

- **Championship:** Matt Molinaro Ohio Northern 1:51.46 2017

## Men's 1500m Run

- **Championship:** Jeff Powles Mt.Union 3:51.18 1992

## Men's 5000m Run

- **Championship:** Ryan Hochstetler Mt.Union 14:34.02 2004

## Men's 10,000m Run

- **Championship:** John Timmons Ohio Wesleyan 30:24.10 1982

## Men's 400m Hurdles

- **Championship:** Tim Mettelle Mt.Union 51.98 2014

## Men's 3,000m Steeplechase

- **Championship:** Tim Budic Baldwin Wallace 9:00.63 2003

## Men's 4x100m Relay

- **Championship:** Mount Union 40.64 2006  
o Saluppo, Garcon, Cunningham, Biacofsky

## Men's 4x400m Relay

- **Championship:** John Carroll 3:13.90 2001  
o Dunklin, Klein, McCaddie, Sample

## Men's 4x800m Relay

- **Championship:** Ohio Northern 7:37.59 2007  
o Amstutz, Bierkan, Porter, O'Brien

## Men's High Jump

- **Championship:** Christian Patterson Wilmington 6-11 2012

**Men's Pole Vault**

- **Championship:** Tyler Orewiler Mt.Union 17-5 2016

**Men's Long Jump**

- **Championship:** Shawn Watson Mt.Union 24-9.75 1999

**Men's Triple Jump**

- **Championship:** Shawn Watson Mt.Union 49-4.25 1999

**Men's Shot Put**

- **Championship:** Dan Gund Mt.Union 59-0 2008

**Men's Hammer Throw**

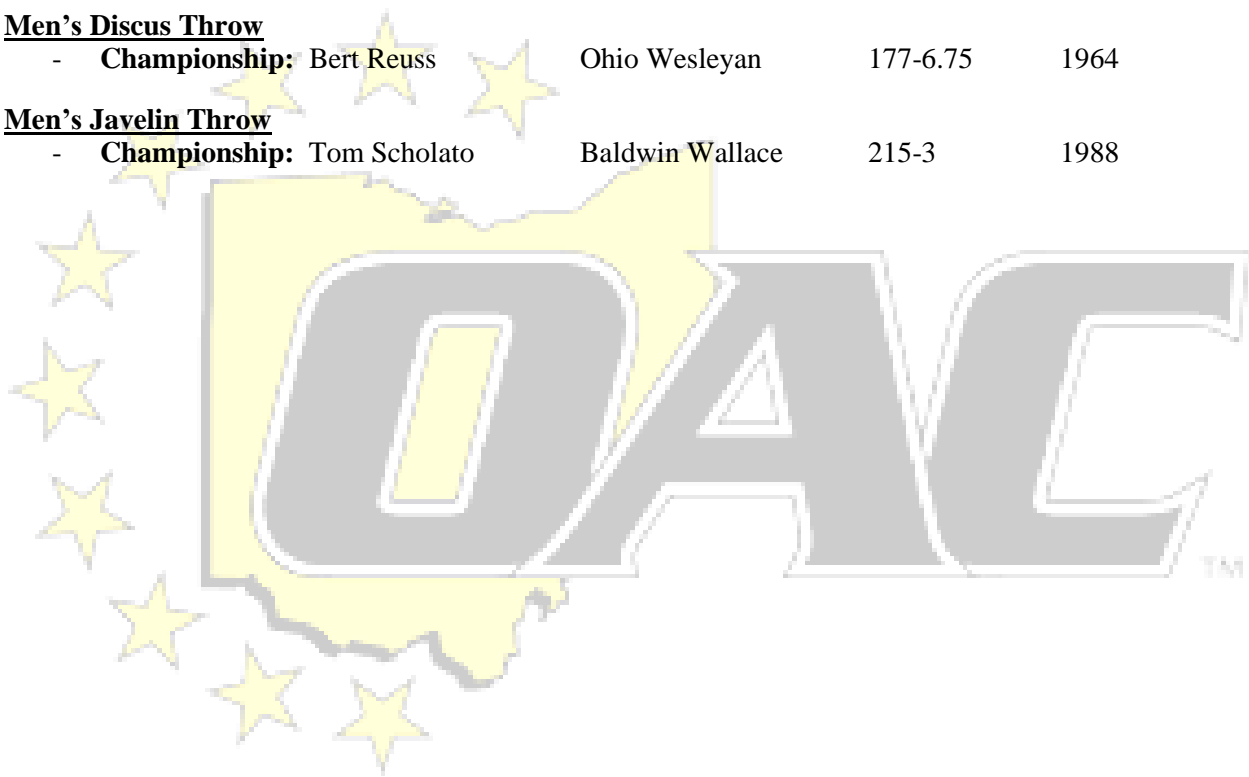
- **Championship:** Sean Donnelly Mt.Union 191-6 2014

**Men's Discus Throw**

- **Championship:** Bert Reuss Ohio Wesleyan 177-6.75 1964

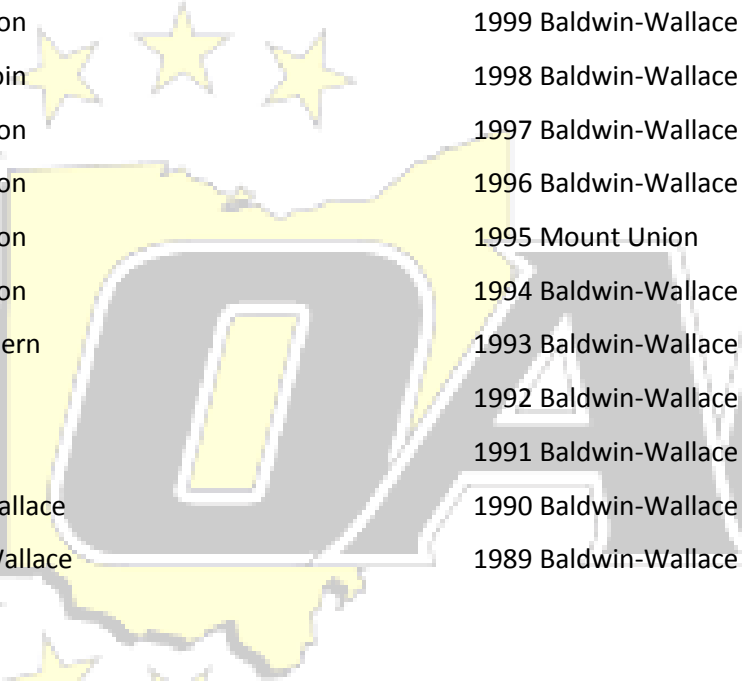
**Men's Javelin Throw**

- **Championship:** Tom Scholato Baldwin Wallace 215-3 1988

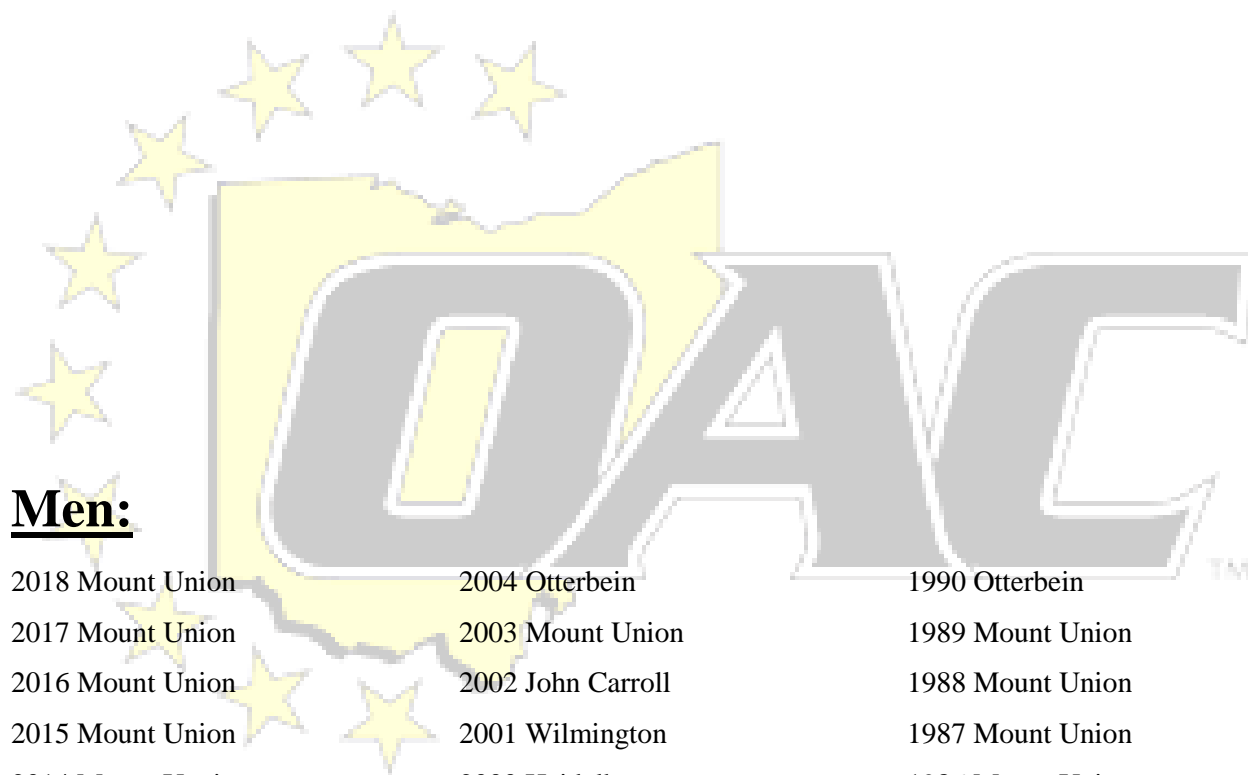


# Ohio Athletic Conference Outdoor Track and Field Team Champions

## Women:



2018 Ohio Northern	2002 Baldwin-Wallace
2017 Ohio Northern	2001 Baldwin-Wallace
2016 Mount Union	2000 Baldwin-Wallace
2015 Mount Union	1999 Baldwin-Wallace
2014 Mount Union	1998 Baldwin-Wallace
2013 Mount Union	1997 Baldwin-Wallace
2012 Mount Union	1996 Baldwin-Wallace
2011 Mount Union	1995 Mount Union
2010 Mount Union	1994 Baldwin-Wallace
2009 Ohio Northern	1993 Baldwin-Wallace
2008 Otterbein	1992 Baldwin-Wallace
2007 Otterbein	1991 Baldwin-Wallace
2006 Baldwin-Wallace	1990 Baldwin-Wallace
2005 Baldwin-Wallace	1989 Baldwin-Wallace
2004 Otterbein	
2003 Otterbein	



**Men:**

2018 Mount Union	2004 Otterbein	1990 Otterbein
2017 Mount Union	2003 Mount Union	1989 Mount Union
2016 Mount Union	2002 John Carroll	1988 Mount Union
2015 Mount Union	2001 Wilmington	1987 Mount Union
2014 Mount Union	2000 Heidelberg	1986 Mount Union
2013 Mount Union	1999 Heidelberg	1985 Mount Union
2012 Mount Union	1998 Mount Union	1984 Mount Union
2011 Mount Union	1997 Mount Union	1983 Mount Union
2010 Heidelberg	1996 Mount Union	1982 Baldwin-Wallace
2009 Ohio Northern	1995 Baldwin-Wallace	1981 Baldwin-Wallace
2008 Mount Union	1994 Mount Union	1980 Baldwin-Wallace
2007 Mount Union	1993 Mount Union	1979 Baldwin-Wallace
2006 Mount Union	1992 Mount Union	1978 Mount Union
2005 Mount Union	1991 Mount Union	1977 Baldwin-Wallace

1976 Baldwin-Wallace	1942 Oberlin	1908 Ohio State
1975 Mount Union	1941 Denison	1907 Ohio State
1974 Mount Union	1940 Oberlin	1906 Ohio State
1973 Mount Union	1939 Toledo	1905 Ohio State
1972 Baldwin-Wallace	1938 Oberlin	1904 Oberlin
1971 Mount Union	1937 Oberlin	1903 Oberlin
1970 Baldwin-Wallace	1936 Oberlin	
1969 Baldwin-Wallace	1935 Oberlin	
1968 Mount Union	1934 Wooster	
1967 Mount Union	1933 Denison	
1966 Akron	1932 Oberlin	
1965 Akron	1931 Oberlin	
1964 Mount Union	1930 Oberlin	
1963 Akron	1929 Oberlin	
1962 Akron	1928 O. Wesleyan	
1961 Akron	1927 O. Wesleyan	
1960 Wooster	1926 Miami	
1959 O. Wesleyan	1925 O. Wesleyan	
1958 O. Wesleyan	1924 O. Wesleyan	
1957 O. Wesleyan	1923 O. Wesleyan	
1956 Oberlin	1922 Oberlin	
1955 Denison	1921 O. Wesleyan	
1954 O. Wesleyan	1920 Ohio State	
1953 Wooster	1919 Ohio State	
1952 O. Wesleyan	1918 Ohio State	
1951 O. Wesleyan	1917 Ohio State	
1950 Oberlin	1916 Ohio State	
1949 Oberlin	1915 Ohio State	
1948 Baldwin-Wallace	1914 Ohio State	
1947 Baldwin-Wallace	1913 Ohio State	
1946 Baldwin-Wallace	1912 Ohio State	
1945 Baldwin-Wallace	1911 Ohio State	
1944 No Meet Held	1910 Oberlin	
1943 Baldwin-Wallace	1909 Ohio State	

